

BOARD OF INTERMEDIATE AND SECONDARY EDUCATION, MULTAN.
OBJECTIVE KEY FOR INTERMEDIATE 1st ANNUAL EXAMINATION, 2026

Name of Subject: Child Development & Family Life Group: Home Eco.

Q. Nos	Paper Code 4781	Correct Answer	Paper Code 4783	Correct Answer	Paper Code 4785	Correct Answer	Paper Code 4787	Correct Answer								
1	C	Pregnancy	A	Jealous	D	Empathy	B	Graphology								
2	B	Retinol	B	Training	A	Transitive Inference	D	Stuttering								
3	D	12-14 weeks	C	2 inches	C	Autonomy vs. Shame	A	4 Years								
4	A	Honey	D	Second half	B	Graphology	C	Aggression								
5	B	Ectomorphic	C	Pregnancy	D	Stuttering	D	mindful								
6	D	Empathy	B	Retinol	A	4 Years	A	Jealous								
7	A	Transitive Inference	D	12-14 weeks	C	Aggression	B	Training								
8	C	Autonomy vs. Shame	A	Honey	D	mindful	C	2 inches								
9	B	Graphology	B	Ectomorphic	A	Jealous	D	Second Half								
10	D	Stuttering	D	Empathy	B	Training	C	Pregnancy								
11	A	4 Years	A	Transitive Inference	C	2 inches	B	Retinol								
12	C	Aggression	C	Autonomy vs. Shame	D	Second Half	D	12-14								
13	D	Mindful	B	Graphology	C	Pregnancy	A	Honey								
14	A	Jealous	D	Stuttering	B	Retinol	B	Ectomorphic								
15	B	Training	A	4 Years	D	12-14 weeks	D	Empathy								
16	C	2 inches	C	Aggression	A	Honey	A	Transitive Inference								
17	D	Second half	D	mindful	B	Ectomorphic	C	Autonomy vs. Shame								
18																
19																
20																
Cross Check	A/	B/	C	D	A	B	C	D	A	B	C	D	A	B	C	D
Total	4	4	4	5	4	4	4	5	4	4	4	5	4	4	4	5

سرٹیفکیٹ مابست صحیح سوالیہ پرچہ امارنگ

ہم نے مضمون CDFL پرچہ II گروپ ہومسائنکس میڈیٹ پہلا سالانہ امتحان 2026 کا سوالیہ پرچہ انتہائی دیکھ بھال سے (Subjective & Objective) کو نظر میں چیک کر لیا ہے یہ پرچہ Syllabus کے عین مطابق Set کیا گیا ہے۔ اس سوالیہ پرچہ میں کسی قسم کی کوئی غلطی نہ ہے۔ ہم نے سوالیہ پرچہ کا اردو اور انگریزی Version بھی چیک کر لیا ہے۔ یہ Version آپس میں مطابقت رکھتے ہیں۔ نیز اس پرچہ کی معروضی (MCQs) Key کی بابت تصدیق کی جاتی ہے کہ اس میں بھی کسی قسم کی کوئی غلطی نہ ہے۔ مزید یہ کہ ہم نے Key بنانے سے متعلق دفتر کی جانب سے تیار کردہ ہدایات وصول کر کے ان کا بغور مطالعہ کر لیا ہے اور ان کی روشنی میں Key بنائی ہے۔ نیز سب ایگزامینرز کیلئے تفصیلی مارکنگ ہدایات / مارکنگ سکیم / Rubrics بھی تیار کر دی گئی ہیں۔

Prepared & Checked By:

Dated: 06-06-26

S.#	Name	Designation	Institution	Mobile No	Signature
1	Poonam Khuram	AP	Goot Graduate College of Home Economics Multan	03336054971	P Khuram
2	Saba Maqbool	AP	GGCHE Multan	03236287403	S Maqbool
3					
4					
5					

2026 (1 st -A) INTERMEDIATE PART-II (12 th Class)		Roll No:
CHILD DEVELOPMENT AND FAMILY LIVING (HOME ECONOMICS GROUP) PAPER-II		
TIME ALLOWED: 2.40 Hours	SUBJECTIVE	MAXIMUM MARKS: 68
NOTE: Write same question number and its parts number on answer book, as given in the question paper.		

SECTION-I

2. Write answers of any eight parts.

8 × 2 = 16

- (i) What do you know about the food servings recommended per day during pregnancy?
- (ii) Write a note on Iodine intake during pregnancy.
- (iii) Write a note on work and travel during pregnancy.
- (iv) What type of emotional health exists during pregnancy?
- (v) How does a new born baby create closeness to parents?
- (vi) Define Toddlerhood.
- (vii) How infancy is creating socialization skills?
- (viii) Define Pre-School Child.
- (ix) Why early childhood is called the problem age?
- (x) Define types of Body Builds.
- (xi) Define motor development and named types of motor development.
- (xii) Why do emotions upset skills? Define.

3. Write answers of any eight parts.

8 × 2 = 16

- (i) Enlist any four characteristics of cognitive development during pre-school.
- (ii) What are special vocabularies of late childhood?
- (iii) Define Adolescence.
- (iv) What do you know about "Trust vs. Mistrust" in psycho-social theory?
- (v) How does "Identity vs. Role confusion" occur in psycho-social theory?
- (vi) Write a comprehensive note on poisoning in children.
- (vii) Define Milestone.
- (viii) Define observation in nursery school.
- (ix) Write a note on child behavior check list method of observation.
- (x) What do you know about Draw-A-Person Test?
- (xi) Enlist any four good habits for healthy life.
- (xii) What is the importance of "Head Outdoors" in health?

4. Write answers of any six parts.

6 × 2 = 12

- (i) Write a note on cuts and safety measures from cuts at home.
- (ii) What do you know about choking?
- (iii) How skills are learnt by a child with the help of family?
- (iv) Why does positive parent-child relationship important?
- (v) What is the meaning of "Respect your child's choices" in parent-child relationship?
- (vi) How a teacher can create positive relationship with student?
- (vii) Why understanding the child's motivation is important in child's best learning?
- (viii) Write some health issues of Adolescence.
- (ix) Write any four characteristics of play.

SECTION-II

NOTE: Write answers of any three questions.

3 × 8 = 24

5. What do you know about Jean Piaget's theory of cognitive development? Write its stages in detail.
6. Define Social Development. What are some social and unsocial behavior patterns of childhood? Discuss.
7. Write down subjective techniques of observation in detail.
8. Write any four behavior problems of children and their preventive ways in detail.
9. Define Student-Teacher relationship. How do you enhance positive student-teacher relationship?

PAPER CODE: 4781		2026 (1 st -A)		Roll No:	
INTERMEDIATE PART-II (12 th Class)					
CHILD DEVELOPMENT AND FAMILY LIVING (HOME ECONOMICS GROUP) PAPER-II					
TIME ALLOWED: 20 Minutes		OBJECTIVE		MAXIMUM MARKS: 17	
Q.No.1	You have four choices for each objective type question as A, B, C and D. The choice which you think is correct, fill that bubble in front of that question number, on bubble sheet. Use marker or pen to fill the bubbles. Cutting or filling two or more bubbles will result in zero mark in that question.				
S.#	QUESTIONS	A	B	C	D
1	The state of carrying a developing embryo or fetus within the body is called _____	Post-natal	Neo-natal	Pregnancy ✓	Trimester
2	_____ is a type of Vitamin A.	Statin	Retinol ✓	Folate	Ibuprofen
3	Morning sickness usually settled down by _____ weeks.	06 – 08	8 – 10	10 – 12	12 – 14 ✓
4	_____ can cause food poisoning during weaning.	Honey ✓	Porridge	Banana	Yoghurt
5	Slender body build is also called _____	Endomorphic	Ectomorphic ✓	Mesomorphic	Dermomorphic
6	The ability to imagine oneself in the place of other person is called _____	Attachment	Social approval	Rivalry	Empathy ✓
7	_____ occurs when a child can infer relationship between A = C, e.g., A = B, B = C so A = C.	Transitive inference	Reversibility	Hierarchical classification	Conservation
8	Erik Erickson's stage between the age of 18 months to 3 years is known as _____	Trust vs. Mistrust	Initiative vs. Guilt	Autonomy vs. Shame ✓	Industry vs. Inferiority
9	_____ is a skill of handwriting through which the experts observe any person's personality.	PAT test	Graphology ✓	CAT test	Anecdotal Record
10	When a child develops poor speech and communication skill, it is called _____	Dawdling	Temper Tantrum	Tics	Stuttering ✓
11	Cooperative play starts from age _____	4 years ✓	3 years	2 years	1 year
12	Hit a nail, punch a bag is the key solution to _____	Tics	Dawdling	Aggression ✓	Awkwardness
13	_____ can mean mediating or simply stopping to smell the roses.	Train your muscle	Keep balance	Talk openly	Be mindful ✓
14	When children in late childhood show infantile behavior, this means they are _____	Jealous ✓	Envy	Aggressive	Curious
15	Learning under guidance and supervision in motor skills is known as _____	Trial and error	Training ✓	Imitation	Not any
16	It takes only _____ of water for a toddler to drown.	A few feet	10 inches	2 inches ✓	1 foot
17	Tdap vaccine is recommended for pregnant ladies in _____ of pregnancy.	First trimester	Second trimester	First half ✓	Second half ✓

PAPER CODE: 4783		2026 (1 st -A)		Roll No:	
INTERMEDIATE PART-II (12 th Class)					
CHILD DEVELOPMENT AND FAMILY LIVING (HOME ECONOMICS GROUP) PAPER-II					
TIME ALLOWED: 20 Minutes		OBJECTIVE		MAXIMUM MARKS: 17	
Q.No.1		You have four choices for each objective type question as A, B, C and D. The choice which you think is correct, fill that bubble in front of that question number, on bubble sheet. Use marker or pen to fill the bubbles. Cutting or filling two or more bubbles will result in zero mark in that question.			
S.#	QUESTIONS	A	B	C	D
1	When children in late childhood show infantile behavior, this means they are _____.	Jealous ✓	Envy	Aggressive	Curious
2	Learning under guidance and supervision in motor skills, is known as _____.	Trial and error	Training ✓	Imitation	Not any
3	It takes only _____ of water for a toddler to drown.	A few feet	10 inches ✓	2 inches	1 foot
4	Tdap vaccine is recommended for pregnant ladies in _____ of pregnancy.	First trimester	Second trimester ✓	First half	Second half ✓
5	The state of carrying a developing embryo or fetus within the body is called _____.	Post-natal	Neo-natal	Pregnancy ✓	Trimester
6	_____ is a type of Vitamin A.	Statin	Retinol ✓	Folate	Ibuprofen
7	Morning sickness usually settled down by _____ weeks.	06 - 08	8 - 10 ✓	10 - 12	12 - 14 ✓
8	_____ can cause food poisoning during weaning.	Honey ✓	Porridge	Banana	Yoghurt
9	Slender body build is also called _____.	Endomorphic	Ectomorphic ✓	Mesomorphic	Dermomorphic
10	The ability to imagine oneself in the place of other person is called _____.	Attachment	Social approval	Rivalry	Empathy ✓
11	_____ occurs when a child can infer relationship between A - C, e.g., A = B, B = C so A = C.	Transitive inference ✓	Reversibility	Hierarchial classification	Conservation
12	Erik Erickson's stage between the age of 18 months to 3 years is known as _____.	Trust vs. Mistrust ✓	Initiative vs. Guilt	Autonomy vs. Shame ✓	Industry vs. Inferiority
13	_____ is a skill of handwriting through which the experts observe any person's personality.	TAT test	Graphology ✓	CAT test	Anecdotal Record
14	When a child develops poor speech and communication skill, it is called _____.	Dawdling	Temper Tantrum	Tics	Stuttering ✓
15	Cooperative play starts from age: _____.	✓ 4 years	3 years	2 years	1 year
16	Hit a nail, punch a bag is the key solution to _____.	Tics	Dawdling	Aggression ✓	Awkwardness
17	_____ can mean mediating or simply stopping to smell the roses.	Train your muscle	Keep balance	Talk openly ✓	Be mindful ✓

PAPER CODE: 4785		2026 (1 st -A)		Roll No:	
INTERMEDIATE PART-II (12 th Class)					
CHILD DEVELOPMENT AND FAMILY LIVING (HOME ECONOMICS GROUP) PAPER-II					
TIME ALLOWED: 20 Minutes		OBJECTIVE		MAXIMUM MARKS: 17	
Q.No.1	You have four choices for each objective type question as A, B, C and D. The choice which you think is correct, fill that bubble in front of that question number, on bubble sheet. Use marker or pen to fill the bubbles. Cutting or filling two or more bubbles will result in zero mark in that question.				
S.#	QUESTIONS	A	B	C	D
1	The ability to imagine oneself in the place of other person is called	Attachment	Social approval	Rivalry	Empathy ✓
2	_____ occurs when a child can infer relationship between A = C, e.g., A = B, B = C so A = C.	Transitive inference ✓	Reversibility	Hierarchical classification	Conservation
3	Erik Erickson's stage between the age of 18 months to 3 years is known as	Trust vs. Mistrust	Initiative vs. Guilt	Autonomy vs. Shame	Industry vs. Inferiority
4	_____ is a skill of handwriting through which the experts observe any person's personality.	TAT test	Graphology ✓	CAF test	Anecdotal Record
5	When a child develops poor speech and communication skill, it is called	Dawdling	Temper Tantrum	Tics	Stuttering ✓
6	Cooperative play starts from age:	4 years ✓	3 years	2 years	1 year
7	Hit a nail, punch a bag is the key solution to	Tics	Dawdling	Aggression ✓	Awkwardness
8	_____ can mean mediating or simply stopping to smell the roses.	Train your muscles	Keep balance	Talk openly	Be mindful ✓
9	When children in late childhood show infantile behavior, this means they are	Jealous ✓	Envy	Aggressive	Curious
10	Learning under guidance and supervision in motor skills is known as	Imitation and error	Training ✓	Imitation	Not any
11	It takes only _____ of water for a toddler to drown.	A few feet	10 inches	2 inches ✓	1 foot
12	Tdap vaccine is recommended for pregnant ladies in _____ of pregnancy.	First trimester	Second trimester	First half	Second half ✓
13	The state of carrying a developing embryo or fetus within the body is called	Post-natal	Neo-natal	Pregnancy ✓	Trimester
14	_____ is a type of Vitamin A.	Statin	Retinol ✓	Folate	Ibuprofen
15	Morning sickness usually settled down by _____ weeks	06 - 08	8 - 10	10 - 12	12 - 14 ✓
16	_____ can cause food poisoning during weaning.	Honey ✓	Porridge	Banana	Yoghurt
17	Slender body build is also called	Endomorphic	Ectomorphic ✓	Mesomorphic	Dermomorphic

PAPER CODE: 4787		2026 (1 st -A)		Roll No:	
INTERMEDIATE PART-II (12 th Class)					
CHILD DEVELOPMENT AND FAMILY LIVING (HOME ECONOMICS GROUP) PAPER-II					
TIME ALLOWED: 20 Minutes		OBJECTIVE		MAXIMUM MARKS: 17	
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S.#	QUESTIONS	A	B	C	D
1	_____ is a skill of handwriting through which the experts observe any person's personality.	TAT test	Graphology ✓	TAT test	Anecdotal Record
2	When a child develops poor speech and communication skill, it is called _____.	Dawdling	Temper Tantrum	Tics	Stuttering ✓
3	Cooperative play starts from age: _____	✓ 4 years	3 years	2 years	1 year
4	Hit a nail, punch a bag is the key solution to _____.	Tics	Dawdling	Aggression ✓	Awkwardness
5	_____ can mean mediating or simply stopping to smell the roses.	Train your muscle	Keep balance	Talk openly	Be mindful ✓
6	When children in late childhood show infantile behavior, this means they are _____.	Jealous ✓	Envy	Aggressive	Curious
7	Learning under guidance and supervision in motor skills, is known as _____.	Imitation and error	Training ✓	Imitation	Not any
8	It takes only _____ of water for a toddler to drown.	A few feet	10 inches	2 inches ✓	1 foot
9	Tdap vaccine is recommended for pregnant ladies in _____ of pregnancy.	First trimester	Second trimester	First half	Second half ✓
10	The state of carrying a developing embryo or fetus within the body is called _____.	Post-natal	Neo-natal	Pregnancy ✓	Trimester
11	_____ is a type of Vitamin A.	Statin	Retinol ✓	Folate	Ibuprofen
12	Morning sickness usually settled down by _____ weeks.	06 - 08	8 - 10	10 - 12	12 - 14 ✓
13	_____ can cause food poisoning during weaning.	Honey ✓	Porridge	Banana	Yoghurt
14	Slender body build is also called _____.	Endomorphic	Ectomorphic ✓	Mesomorphic	Dermomorphic
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16	_____ occurs when a child can infer relationship between A = C, e.g., A = B, B = C so A = C.	Transitive inference ✓	Reversibility	Hierarchical classification	Conservation
17	Erik Erickson's stage between the age of 18 months to 3 years is known as _____.	Trust vs. Mistrust	Initiative vs. Guilt	Autonomy vs. Shame ✓	Industry vs. Inferiority